

# IN HOUSE LADDERS AND STEPS

**Duration:** Half Day

## Target Group

- Any person(s) who, as part of their working duties are required to use and inspect Ladders and Step Ladders.

## Aims

- Updated to reflect the requirements of the Working At Heights Regulations this course gives an appreciation of the hazards, and measures required to control the risks associated with the use of Ladders and Step Ladders.

## Objectives

- The "In-House" Horizon Ladder and Steps Training Course is a half-day course, designed to equip operators of temporary access equipment with the skills to conduct inspections and to recognise and eliminate the dangers of incorrect ladder usage.

## Course Content

- Introduction
- Health and Safety
- Current Legislation on Ladders and usage
- Safety
- Is the ladder Strong Enough?
- Is the ladder Long Enough?
- Is the ladder Safe Enough?
- Reasons for Ladder Inspection
- Method of Ladder Inspection
- Ladder Inspection Demonstration
- Ladder and Steps Defects
- Correct Usage
- Risk Assessment and User Responsibilities
- Multiple Choice Test Paper
- Question and Answer Session

## Safety Requirements

- If the instruction is carried out on site, the client's site regulations/requirements must be adhered to.
- PPE must be worn at all times throughout the instruction

For further details on this or any other training course contact:  
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