

SAFETY HARNESS USE AND INSPECTION

Duration: Half Day

Target Group

- Any person(s) who, as part of their working duties are required to use and inspect safety harnesses

Aims

- The aim of the training is to provide candidates with the necessary information in the safe use and inspection of safety harnesses

Objectives

At the end of the instruction the candidates will be able to:

- Have an understanding of the statutory regulations.
- Identify types of fall arrest equipment.
- Understand why fall arrest equipment is needed.
- Appreciate when to be clipped on
- Inspect fall arrest equipment
- Understand how harnesses will affect working methods.

Course Content

- Health & Safety legislation & regulations
- Identifying types of fall arrest equipment.
- Selecting fall arrest equipment.
- Correct fitting of harnesses
- Shock-absorbing lanyards and fall arrest blocks
- Anchor points and connectors
- Care and maintenance of equipment
- Inspection of harnesses and recording requirements
- Manufactures Instruction Manuals and associated paperwork
- Multi choice test paper

Safety Requirements

- As the instruction is carried out on site, the client's site regulations/requirements must be adhered to.
- PPE must be worn at all times throughout the instruction

For further details on this or any other training course contact:

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